



EL NOPAL

RESTAURANT
CENTRAL AMERICAN & MEXICAN FOOD



Hours of operation
MONDAY-THURSDAY 5AM-8:30PM
FRIDAY-SATURDAY 5AM-9:30PM
SUNDAY 7AM-3:30PM

WE DELIVER
Minimum \$20

577 Western Ave, Lynn MA 01904
Phone: 339-440-5016

781-842-1385



All prices and menu items are subject to change without notice.

TORTAS MEXICANAS

| | |
|---------------------------------|----------|
| Torta de pollo/Chicken torta | \$ 12.50 |
| Torta de res/Steak torta | \$ 13.00 |
| Torta de adobada/Marinated pork | \$ 13.50 |
| Torta de lengua/Beef tongue | \$ 13.75 |
| Torta mixta | \$ 15.00 |

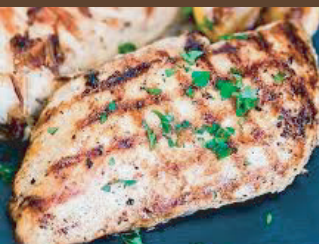
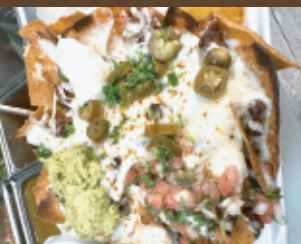
POSTRE - DESSERT

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|-------------|---------|
| Flan | \$ 5.50 |
| Tres leches | \$ 5.50 |
| Churros | \$ 7.00 |

EXTRAS

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|----------------------------|-----------------|
| Arroz pequeño/Rice small | \$ 3.50 |
| Arroz grande/Rice large | \$ 6.75 |
| Frijol pequeño/Beans small | \$ 3.25 |
| Frijol grande/Beans large | \$ 6.50 |
| Chicharon Colombiano | \$ 4.75 |
| Crema/Cream | \$ 3.00 |
| Queso fresco/Fresh cheese | \$ 3.00 |
| Guacamole small/large | \$ 4.00 \$ 7.50 |
| Tortilla | \$ 0.70 |
| Papas fritas small/large | \$ 3.75 \$ 6.50 |
| Sour Cream | \$ 3.00 |
| Jalapeño | \$ 2.00 |
| Pico de gallo small/large | \$ 4.00 |
| Quesadilla Salvadoreña | \$ 4.50 |





EL NOPAL PLATES

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| Carne asada/Grilled steak | \$ 15.00 |
| Carne guisada/Stewed steak | \$ 13.50 |
| Bistec encebollado/Steak with onions | \$ 14.00 |
| Montañero/Mountain dish | \$ 18.50 |
| Plato mixto/Mixed plate | \$ 20.00 |
| Costilla de res/Steak ribs | \$ 19.00 |
| Pollo guisado/Stewed chicken | \$ 13.50 |
| Pollo frito/Fried chicken | \$ 11.50 |
| Pollo a la plancha/Grilled chicken breast | \$ 15.00 |
| Chuleta encebollada/Pork chops with onions | \$ 14.00 |
| Came adobada/Marinated pork | \$ 14.50 |
| Pepian de gallina | \$ 14.50 |
| Pepian de res | \$ 14.50 |
| Mole de res | \$ 14.50 |
| Mole de pollo | \$ 14.50 |
| Taco chapin | \$ 14.00 |
| Special de el dia/Special of the day | \$ 15.50 |

DEL MAR - SEA FOOD

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|--------------------------------------|----------|
| Mojarra frita/Fried whole tilapia | \$ 15.50 |
| Tilapia frita/Grilled tilapia fillet | \$ 16.00 |
| Salmon/Roasted salmon | \$ 19.00 |
| Camarones/Grilled shrimp | \$ 16.00 |
| Ceviche de camarones/Shrimp ceviche | \$ 15.50 |
| Camarones empanizados/Breaded shrimp | \$ 18.00 |

ENSALADA - SALADS

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|---------------------------------------|------------------|
| Ensalada de pollo/Chicken salad | \$ 12.50 |
| Ensalada de res/Steak salad | \$ 13.50 |
| Ensalada de taco/Taco salad | \$ 14.00 |
| Ensalada small/large | \$ 5.00 \$ 9.75 |
| Ensalada pasta de coditos small/large | \$ 5.50 \$ 10.00 |

QUESADILLA

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|---|----------|
| Quesadilla de pollo/Chicken quesadilla | \$ 12.00 |
| Quesadilla de res/Steak quesadilla | \$ 12.50 |
| Quesadilla de vegetales/Veggie quesadilla | \$ 11.25 |
| Quesadilla mixta/Mixed quesadilla | \$ 14.00 |
| Quesadilla de queso/Cheese quesadilla | \$ 10.00 |
| Quesadilla de adobada/Marinated pork quesadilla | \$ 12.75 |
| Quesadilla de lengua/Beef tongue quesadilla | \$ 12.75 |

SOPA - SOUPS

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|---|----------|
| Sopa de res/Beef soup | \$ 14.50 |
| Sopa de pollo/Chicken soup | \$ 14.50 |
| Sopa de gallina/Hen soup | \$ 15.00 |
| Sopa de mondongo/Tripe soup | \$ 15.00 |
| Sopa de camarones/Shrimp soup | \$ 17.00 |
| Sopa de pescado con camarones/ Fish soup w/ shrimp | \$ 18.00 |

All Nopal plates are served with rice, beans, salad and two tortillas.

